

SECOND *Wind*

A NEWSLETTER FOR EPIPHANY DISCIPLES
AGE 60 AND OLDER

April/May/June 2011

I know some people in their 90s who are younger than some who are in their 40s. How can this be? I ask myself. From personal observation, I have concluded being young, at any age, has at least these three characteristics.

First, exercise the body that God has given you. Exercise can be walking, jogging, or going to the gym. My wife insists that I exercise when I plant flowers, weed the garden, or trim the bushes. I also climb my basement stairs 15 times each morning (195) steps to keep my blood flowing.

Second, remain curious and expand your knowledge of God's world. I studied in Israel with a nun who was well into her 80s. The course was "The Bible And Its Land." We took many walking trips around the Sea of Galilee, in Jerusalem, and in the Sinai Peninsula. Sister Valarie walked with us on about 90% of the time and was wise enough to sit out the really rough climbs. Her world and faith expanded tremendously without her risking her body or health. Curiosity about God's creation will always keep you young.

Third, stay involved with other people. Some of us want just one or two very close friends while others need 100 acquaintances. It doesn't matter what your preference is as long as you are in conversation with others, care deeply about them, and are willing to learn from them. God gave us other friends and acquaintances as a gift to keep us young and active.

Pastor Pete

Calendar of Events for April, May and June 2011

April

Reading Group: Cindy Hoffsis, leader. Thursday, April 21 at 10:00 AM in Conf. Rm. (FH)

Council of Elders: Wednesday, April 20 at 1:30 PM in the Conf. Rm. (FH) Please pass on your ideas to the team listed at end of this letter.

Bible Study For Seniors & Others: Pastor Hoffsis, leader. Meets every Tuesday at 2:00 PM in Rm.14 (FH)

May

Senior Ministry Team: Thursday, May 4 at 1:30 PM in the Conference Room (FH)

Young at Heart: Dinner at St. Leonard's Pott Hall on Sunday, May 1 at 5:30 PM

JOLY: Luncheon in Celebration Center (FH) on Tuesday, May 10 at 11:30 AM

Bible Study For Seniors & Others: Pastor Hoffsis, leader. Meets every Tuesday at 2:00 PM in Rm.14 (FH)

Reading Group: Cindy Hoffsis, leader. Thursday, May 19 at 10:00 AM in Conf. Rm. (FH)

June

Council of Elders: Will not meet in June, July and August

Bible Study for Seniors & Others: Will not meet in June, July and August

Reading Group: Will not meet in June, July and August

JOLY: Will not meet in June, July and August

The Senior Ministry Team is seeking new ideas and new direction from YOU!

Please consider coming to the Thursday, May 4 open meeting to share your ideas for programs or activities that could happen beginning in the fall.

Status of Columbarium Project at Epiphany

A columbarium is a group of small compartments or “niches” designed to hold the cremated remains (cremains) of loved ones. The project to build a columbarium at the Far Hills campus is intended to be a place for remembrance, contemplation, meditation and prayer. Last October our Columbarium team decided to put our project on hold due to the uncertainty that developed at Epiphany and associated low number of subscription of niches that occurred. A plan is in place with costs as described in our brochure (available at the Information Desk on the brochure rack). Part of the plan is to self-fund the project by securing 25 - 30 subscriptions at \$2000 each. Receiving those subscriptions would fund the initial construction of the two walls with 50 niches each.

What is needed now is a renewed interest from the congregation to again offer the Columbarium. If you have an interest in the project or insight on how we should proceed, please contact Bob Ellefson (435-4525). Our team would appreciate your input.

The Apple Tree Society

This ministry provides a method for disciples to help ensure the continued growth and development of Epiphany’s future by naming the church in their wills or trusts. Currently, 45 family units have made this commitment. Committee members include; Barb Proehl, Miriam Morrison, Linda Sutter, Roy Tucker and Jan Malson. Future ATS members are needed and welcome! Please call one of the committee members for more information.

Council of Elders

Wednesday, April 20 at 1:30 p.m., Conference Room (FH)

Note the change to Wednesday; this is because Pastor Pete will be in attendance to meet folks, explain his vision for his time with us, and field questions. The Council is open to all Epiphany Seniors (55 and older) and meets every month except in the summer. These monthly gatherings explore a variety of topics about timely articles or events.

Bible Study for Seniors and Others

Tuesdays at 2:00 p.m., Room 14 (FH)

Discussion Leader: Pastor Hoffsis

Theme: “Assuring Hope” Eight Studies from Isaiah and Mark		
April 5	Turn to Me and Be Saved	Isaiah 45:18-24a
April 12	Reassurance for God’s People	Isaiah 48:14-22
April 19	The Servant’s Mission	Isaiah 49:1-6
April 26	Healed by His Bruises	Isaiah 53:1-6, 10-12
May 3	Jesus Is the Messiah	Mark 8:27-9:1
May 10	This Is My Beloved	Mark 9:2-13
May 17	Jesus Came to Serve	Mark 10:35-45
May 24	Coming of the Son of Man	Mark 13:14-27

Reading Group

3rd Thursday at 10:00 a.m., Conference Room (FH)

Leader: Cindy Hoffsis 435-5020 - larryhoffsis@sbcglobal.net

April 21Dreamers of the Day by Mary Doria Russell

May 19...Widow of the South by Robert Hicks

YOUNG AT HEART Dinner

The next Young At Heart dinner is welcoming in spring on Sunday, May 1.
Please join us at 5:30 p.m. for social time followed by dinner at 6:00 at St. Leonard's Pott Hall.

The cost is \$22 per person (includes tax and gratuity)

The Buffet Menu includes: Carved Beef Tenderloin, Seafood Fettuccini, and Chicken Marsala
Seven-layer Salad, Green Beans Amandine, Red-skinned Mashed Potatoes, Rolls and Butter
Sundae Bar, Coffee and Tea. Cash Bar (Wine and beer-\$2 per drink).

Co-chairs are Sandy Houpt and Carol Heine.

EVERYONE IS WELCOME, BRING A FRIEND OR TWO!

Reservations: Sandy Houpt at 885-7093 or shoupt@woh.rr.com

We'll also have a table set up in the Gathering Area (FH) on Sunday, April 17 and 24
to take reservations and payment.

Deadline to make reservations will be April 24th.

JOLY Luncheon

When: Tuesday, May 10, beginning at 11:30 AM

Where: Celebration Center (FH)

What's Cookin': Assorted Sandwiches

Dessert: Home-baked Brownies and Fresh Fruit

RESERVATIONS ARE NECESSARY!!

So we know how much food to prepare

Call Kathy Streithorst today! (885-3353)

E-mail: gjerry@go-concepts.com

Please call Pat Mastbaum (434-0110) if you plan to bring dessert

Cost: Meal is still only \$8 per person and can be paid at the door

Entertainment by CENTER STAGE: Always popular and entertaining, this show choir of
25 women brings us lively and tuneful favorites!

Deadline for reservations is Sunday, May 7

Senior Ministry Team

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EPIPHANY LUTHERAN CHURCH

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Dayton, OH 45459

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FAR HILLS CAMPUS

6430 Far Hills Avenue
Dayton, OH 45459
(937) 433-1449

Service Times

Saturday 5:30 p.m. (Traditional)
Sunday 8:00 & 10:15 a.m. (Traditional)
Sunday 9:00 & 11:15 a.m. (Contemporary)

AUSTIN CAMPUS

10551 Sheehan Rd.
Dayton, OH 45458
(937) 886-9885

Service Times

Sunday 10:15 a.m. (Contemporary)

www.EpiphanyLutheran.us